

Glory be to Jesus Christ! Glory be Forever!

March 10, 2019

(Cheesefare Sunday ~~ Forgiveness Sunday)

Epistle Reading: Romans 13:11-14:4 **Gospel Reading:** Matthew 6:14-21

Next Week: Hebrews 11:24-26, 32-12:2 **Next Week:** John 1:43-51

*Take time to read the scriptures to prepare your heart and mind for Sunday's Liturgy.

Services:	Sun., Mar. 10 th	**** Lent Begins at Sundown ****	
	Mon., Mar. 11 th	Lenten Matins	7 am
		Compline & Canon of St. Andrew of Crete	7 pm
	Tues., Mar. 12 th	Compline & Canon of St. Andrew of Crete	7 pm
	Wed., Mar. 13 th	Lenten Matins	7 am
		Compline & Canon of St. Andrew of Crete	7 pm
	Thurs., Mar. 14 th	Compline & Canon of St. Andrew of Crete	7 pm
	Fri., Mar. 15 th	Presanctified Divine Liturgy	7 pm
	Sat., Mar. 16 th	Mon Valley Observance of the Sunday of Orthodoxy	5 pm
		Serbian Cathedral, Rt. 51 Whitehall	
	Sun., Mar. 17 th	Sunday of Orthodoxy	
		Church School	9:15 am
		Hours	9:45 am
		Divine Liturgy with Icon Procession	10 am

Announcements:

A reminder regarding fasting for Pre-Sanctified Divine Liturgies... If you plan to attend and receive communion, you should fast from food and drink from your lunchtime meal onward. If you take medications, please follow the normal medical instructions.

Due to St. Andrew's Canon Services next Tuesday, our monthly Parish Council Meeting will be Tuesday, March 19th at 7 pm.

A Note from Fr. Stephan Regarding the Lenten Season: Too often we only focus on fasting or attempting to fast during the season. Fasting is only one way to help bring us closer to God. I have two simple requests for us to reflect and act on:

1. Truly treat others as we want them to treat us.
2. Work on our prayer life. I am willing to open the Church anytime throughout Lent for anyone who would like to pray.

HOT OFF THE PRESSES! The annual "**Lenten, Holy Week and Paschal 11 Week Calendar**" is available for home reference to keep you abreast of all Parish and Deanery services for the coming Holy season. Pick yours up **TODAY** at the candlestand.

HELP WANTED: Volunteers need to cut and trim church grass for Spring and Summer.

Looking ahead: Please note these events on your calendars which will occur in the ensuing month or so:

❖ **Annual Lenten BAKED Fish Dinners: What's For Lunch or Dinner?** On Fridays, March 22nd, April 5th and April 19th. from 12 Noon to 6 pm, Chef Tim will be serving up more of his delicious fish with a side of our homemade Perohi, a vegetable, side of coleslaw and a dessert. Or, if you prefer to change it up, get the Perohi Dinner with a vegetable, side of coleslaw and a dessert. Invite your family, friends and neighbors for some homemade goodness! As with any of HROC's activities, none of them would be a success without your help! **THE HOMEMADE DESSERTS WERE A BIG HIT! COULD YOU HELP OUT AGAIN WITH YOUR FAVORITE DESSERT?** If you'd like to help out, please see either Beth, Marie or Mary. A big **THANK YOU** in advance for everyone's help on this fundraising project! To help this endeavor run as smoothly as possible, your help and cooperation is always needed and very much appreciated!

❖ **Paska Baking:** Friday, April 12th and Saturday, April 13th. (Order forms are at the candlestand. Order cutoff is March 24th)

Collection: March 3rd: \$1,306

Holy Martyr Quadratus and Companions

By Fr. Lawrence Farley

During a persecution of the Church, many Christians fled to the mountains and forests to escape, including the mother of Quadratus. She was pregnant at the time and gave birth to him while yet hiding in the forest. She raised him in the safety of the desert during his infancy. When older, he returned to town and lived there. He established himself in Corinth, where he studied medicine. When another persecution of the Church arose, he was arrested with his friends, taken before Governor Jason in Corinth, and condemned to death. The friends suffered for the truth in 250.