



*Holy Resurrection
Orthodox Church*

222 Mary Street, Rostraver Township, PA
(Serving the faithful of Belle Vernon and surrounding areas)

Reverend Father Stephan Gresh

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Ordained Reader

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Church Social Hall: (724) 929-7448

March 1, 2020

Services	Sun., Mar. 1 st	Cheesefare Sunday (Expulsion from Paradise) **** Lent Begins at Sundown ****	
	Mon., Mar. 2 nd	Lenten Matins Compline & Canon of St. Andrew of Crete	7 am 7 pm
	Tues., Mar. 3 rd	Compline & Canon of St. Andrew of Crete	7 pm
	Wed., Mar. 4 th	Lenten Matins Compline & Canon of St. Andrew of Crete	7 am 7 pm
	Thurs., Mar. 5 th	Compline & Canon of St. Andrew of Crete	7 pm
	Fri., Mar. 6 th	Presanctified Divine Liturgy	7 pm
	Sat., Mar. 7 th	Great Vespers (Holy Sacrament of Confession to follow)	7 pm
	Sun., Mar. 8 th	Sunday of Orthodoxy Church School Hours Divine Liturgy with Icon Procession Sunday of Orthodoxy Vespers HROC, BV	9:15 am 9:45 am 10 am 5 pm

A reminder regarding fasting for Pre-Sanctified Divine Liturgies... If you plan to attend and receive communion, you should fast from food and drink from your lunchtime meal onward. If you take medications, please follow the normal medical instructions.

Epistle

(Romans 13:11-14:4)

And *do* this, knowing the time, that now *it is* high time to awake out of sleep; for now our salvation *is* nearer than when we *first* believed.

The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light.

Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy.

But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts.

Receive one who is weak in the faith, *but* not to disputes over doubtful things.

For one believes he may eat all things, but he who is weak eats *only* vegetables.

Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him.

Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Gospel

(Matthew 6:14-21)

“For if you forgive men their trespasses, your heavenly Father will also forgive you.

“But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.

“Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward.

“But you, when you fast, anoint your head and wash your face,

“so that you do not appear to men to be fasting, but to your Father who *is* in the secret *place*; and your Father who sees in secret will reward you openly.

“Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal;

“but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.

“For where your treasure is, there your heart will be also.

A Note from Fr. Stephan Regarding the Lenten Season: Too often we only focus on fasting or attempting to fast during the season. Fasting is only one way to help bring us closer to God. I have two simple requests for us to reflect and act on:

1. Truly treat others as we want them to treat us.
2. Work on our prayer life. I am willing to open the Church *anytime* throughout Lent for anyone who would like to pray.

The week of St. Andrew's Canon kicks off the Lenten Season. During this first week (March 2nd-6th), Fr. Stephan will have the Church open from 5 am to 9 am for prayer and meditation.

Fr. Stephan will hear confessions after the scheduled services throughout Lent. If one cannot make it due to health or other noble reasons, Fr. Stephan will be glad to hear your confessions at your house.

HOT OFF THE PRESSES! The annual "**Lenten, Holy Week and Paschal 11 Week Calendar**" is available for home reference to keep you abreast of all Parish and Deanery services for the coming Holy season. Pick yours up **TODAY** at the candlestand.

*Take time to read the scriptures to prepare your heart and mind for Sunday's Liturgy.

Next Week: Hebrews 11:24-26, 32-12:2 *Gospel Reading:* John 1:43-51

Sunday of the Expulsion of Adam from Paradise

By Very Rev. Fr. Lawrence Farley

This last of the pre-Lenten Sundays is also called Cheesefare Sunday, since dairy is allowed on this final day before the fast. Often the Rite of Mutual Forgiveness is appended to the Sunday service, so that it is also called Forgiveness Sunday.

The gospel for the day is from Matthew's Sermon on the Mount, and it focuses on the right way to fast. We are to guard our hearts, so that our motivation for fasting is to please God, not to garner the applause of men. We must take all care not to flaunt our fasting before the eyes of the world—or the Church—as if their approval were paramount. For it is not. All that matters is that God sees our efforts and our hearts. We offer our appetites and efforts to Him to win His approval. Our abstinence from foods is the expression of our penitence; it is how we cry out to Him, "Have mercy on me, a transgressor, O merciful Lord!" It is God who will see our secret penitence and give us our reward.

Announcements:

NOTE CHOIR MEMBERS: Rehearsal for this year's *Mon Valley Observance of the Sunday of Orthodoxy* to be held on **SUNDAY, March 8th at 5 pm** is **TODAY** directly after Liturgy.

Father John Parker of St. Nicholas Donora will be rotating Pre-Sanctified Liturgy with us on Wednesdays that are not already scheduled for the Deanery. We would like to do a light meal and reading from the book "Walking With Moses" by Father Lawrence Farley.

Special Thanks! A stranger came to the Church this week looking for someone to talk to. They were very appreciative of acts of kindness and wanted to make a donation to the Church that could be used however we please. I told him that I would accept it and earmark for the Sunday School activities. Thank you so much for being there for others.

Paska! Paska! Paska! Even though Lent will just be starting will be here before you know it! A Paska Order form is an insert in today's bulletin. Orders are due **Sunday, March 22nd**. Please leave your orders at the candlestand. Due to the large demand for Baba's Paska, no orders can be accepted after the due date.

***Don't forget to include valid telephone numbers on the order form
so we can contact you for pick-up!***

Also, come and enjoy the camaraderie of your fellow parishioners by coming to one of the baking sessions:

Fri., April 3rd and Sat., April 4th

Both sessions will start at 7 am.

Collection: Feb. 23rd: \$988